



#410 HEAVY D WATCH INSTRUCTIONS

FEATURES

- CURRENT TIME (HR., MIN., & SEC.)
- DAY/MONTH/DATE
- CHRONOGRAPH WITH SPLIT OR LAP TIMES
- DUAL ALARMS (1 DAILY REPEATING, 1 NON-REPEATING REMINDER.)
- COUNTDOWN STOP
- COUNTDOWN REPEAT, COUNTDOWN CHRONO LAP & COUNTDOWN CHRONO SPLIT TIMERS
- DUAL TIME
- HOURLY CHIME
- OPTIONAL 24-HR. TIME (MILITARY TIME.)
- WATER RESISTANT TO 300 FT. OR 100M
- NIGHT VISION™ ELECTRO-LUMINESCENT BACKLIGHTING

NORMAL TIME MODE

(The term "Mode" means the function status of the watch.) Normal time mode shows hours, minutes, seconds, day and date. To set time, see operating instructions on How to Set Normal Time.



KEY TO SYMBOLS

- LT - Left Top (Light/Set)
- LB - Left Bottom (Mode)
- RT - Right Top (Start/Stop)
- RB - Right Bottom (Reset)

HOW TO SET NORMAL TIME, DATE AND 24-HOUR FORMAT

Note: If no buttons are pressed for approximately ten seconds, the watch will exit the setting mode.

From Normal Time mode, press and hold the Light/Set button LT for approximately three seconds; the seconds digits will flash.

Pressing the Start/Stop button RT will reset the seconds digits to 0. If seconds are greater than 30, one will be added to the minutes digit.



To set minutes, press Mode button LB; single minutes digit will flash. To advance flashing minutes digit, press Start/Stop button RT; hold for rapid advance.

To set tens of minutes, press Mode button LB; tens of minutes will flash. To advance flashing tens of minutes press Start/Stop button RT; hold for rapid advance.

Continuing through the setting mode, the setting sequence is a continuous loop of: seconds • single minutes • tens of minutes

• hours • day/month/date • 12/24-hour mode, and looping back to seconds. When setting is complete, press Light/Set button LT to return to normal time mode.

HOW TO OPERATE CHRONOGRAPH/STOPWATCH

The chronograph will record a maximum of 99 hours, 59 minutes and 59.99 seconds. Press Mode button LB once from normal time mode to enter the chronograph mode. Normal time will remain on the lower row, chronograph on the upper row. The "C" flag will be displayed.



Reset the chronograph to zero by pressing Reset button RB. Press the Light/Set button LT to switch between Lap and Split mode. ("LP" flag will be displayed for lap mode and "S" flag will be displayed for split time mode.)



Split time is the time elapsed since the start of the chronograph. To use the split time feature, "S" flag must be displayed. Press Start/Stop button RT to start chronograph. "S" flag will begin flashing. Press Reset button RB to view split time. Chronograph will continue to count while split time is displayed. To release split time and return to running chronograph, press Reset button RB.

Each press of Reset button RB will display a split time.



To stop chronograph, press Start/Stop button RT. Reset the chronograph to zero by pressing the Reset button RB. Lap time is the time elapsed since the previous lap. To use the lap time feature, "LP" flag must be displayed. Reset the chronograph to zero by pressing the Reset button RB. Enter Lap mode by pressing Light/Set button LT. Press Start/Stop button RT to start chronograph. "LP" flag will begin flashing. Press Reset button RB to view lap time. The chronograph will start counting next lap while lap time is displayed. To release lap time and return to running chrono, press Reset button RB. Each press of Reset button RB will display a lap time.



To stop chronograph, press Start/Stop button RT. Reset the chronograph to

zero by pressing the Reset button RB.

HOW TO SET AND OPERATE THE ALARMS AND HOURLY CHIME

From normal time mode, press Mode button LB twice to enter the alarm mode. Normal time remains on the lower row, alarm time on the upper row. Pressing Reset button RB will toggle between alarm 1, indicated by the RIGHT "A" flag, and alarm 2, indicated by the LEFT "A" flag. Alarm 1 is a daily, repeating alarm, and alarm 2 is a one time only reminder alarm.



Press and hold Light/Set button LT for approximately three seconds to enter alarm setting mode. The minutes digit will flash. Press Start/Stop button RT to advance the flashing minutes digit.

Press Mode button LB to advance lens of minutes. Press Start/Stop button RT to advance the flashing lens of minutes digit.



Press Mode button LB to advance the hours digit. Press Start/Stop button RT to advance the flashing hours digit. While setting the flashing hours digit, "A" or "P" is displayed on the right side. "A" designates a.m. and "P" designates p.m.



Press Light/Set button LT to exit the alarm setting mode. To activate the alarm while in alarm mode: Press Start/Stop button RT to arm or disarm the alarm "A" and/or hourly chime "A". Note the setting sequence is: alarm on, chime on, both alarms and chime on, both alarms and chime off.



Again, press Reset button RB to toggle between alarm 1 and alarm 2. Alarm 2 is set and activated the same way as alarm 1.

☐ = alarm 1 on.

☐ = alarm 2 on.

HOW TO OPERATE THE COUNTDOWN TIMER

Press Mode button LB three times from

the normal time mode to enter the countdown timer mode. Normal time will remain in the lower row and the timer will appear on the upper row. "Q" flag will be displayed. (Minimum time setting is one minute; maximum time setting is 99 hours, 59 minutes).

*Note: there are four timer functions in this mode. To select between these features, press Reset button RB until the desired function (noted by its respective flag) is displayed.

TIMER COUNTDOWN - "Q" flag will be displayed. This function will countdown from a preset time. When the countdown time is reached, the timer will beep and will automatically reset to the preset time.



TIMER COUNTDOWN REPEAT

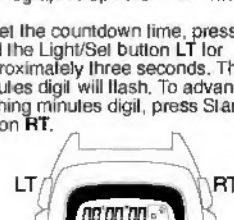
Press Reset button RB; "Q", "A" and "P" flags will be displayed. This function will countdown from a preset time. When the countdown time is reached, the timer will beep, automatically reset, and begin counting down repeatedly until the Start/Stop button RT is pressed.



TIMER COUNTDOWN CHRONO LAP - Press Reset button RB; "C", "LP" and "Q" flags will be displayed. This function will countdown from a preset time. When the countdown time is reached, the timer will beep and automatically start a chronograph. This chronograph has a chrono lap timer, identical to that in the chronograph/stopwatch "LP" mode.



TIMER COUNTDOWN CHRONO SPLIT - Press Lap/Reset button RB; "C", "Q" and "S" flags will be displayed. This function will countdown from a preset time. When the countdown time is reached, the timer will beep and automatically start a chronograph. This chronograph has a chrono split timer, identical to that in the chronograph/stopwatch "S" mode.



To set the countdown time, press and hold the Light/Set button LT for approximately three seconds. The minutes digit will flash. To advance the flashing minutes digit, press Start/Stop button RT.